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| Job Title | Academy Performance Nutritionist |
| Reporting to | Head of Academy Performance |
| Location | WBA Training Ground, Walsall, WS5 3LQ & WBA Academy Building, EPPP Building, Halfords Lane, West Bromwich, B71 4LQ. |
| Line Management Responsibility | N/A |
| Main Purpose | To deliver the performance nutrition strategy throughout the academy. Providing high level, evidence based nutritional support that enhances the performance of academy players and educates key stakeholders throughout the phases. |
| Working Hours | Casual contract – this may include evenings, weekends and bank holidays as required and in line with business needs |

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| DUTIES & RESPONSIBILITIES | | |
| Your main responsibilities for this role include, but are not limited to the following:   * Deliver a developmentally attuned nutrition programme/curriculum throughout the academy ensuring alignment of processes and language in an age appropriate manner. * Work closely with the Performance Nutritionist to ensure alignment of processes from 1st team to academy. * Work with identified players (and parents) on a 1-to-1 basis to support their nutritional needs. This may take the form of weekly face to face consultations, remote advice via WhatsApp and/or phone calls. * Design and share attractive infographics highlighting good nutrition habits and practices. * Design menus in conjunction with catering staff and within budget constraints. * Attend match days as directed to assist/implement nutritional provision and provide post-game recovery support where appropriate. * Design and deliver an individual diet and nutrition programme for players that aligns to the requirements of the Elite Player Performance Programme (EPPP). * Provide insights based nutritional support for injury and rehabilitation programmes for players, in conjunction with the Multi-Disciplinary Team (MDT). * Develop and implement innovative and evidence-based nutrition education sessions and resources to increase nutrition knowledge throughout the Academy levels for players, parents and colleagues. * In conjunction with the MDT, assist with player fitness and strength development, and body composition through nutritional interventions. * Work collaboratively with the MDT on the development of each player as part of the 6-12 weekly multidisciplinary review process. * Maintain records of all nutrition interventions and track measurable outcomes linked to nutritional practices (body composition, nutritional knowledge, anti-doping awareness, hydration etc.). * Any other reasonable duties, which may include conversing and liaising with parents when required and on occasion participating in tours and tournaments including overseas. * To contribute positively to the Clubs vision and culture * To promote and adhere to the Equality, Diversity and Inclusion Policy and to work consistently to embed ED&I into everything. * To ensure the working environment is free from harassment and discrimination and any other form of unacceptable behaviour. * To fully participate in one-to-ones and departmental reviews and meetings. * To fully participate in annual and mid-term appraisals. * To understand the Club’s Safeguarding policy, procedures and best practice guidelines and use these to ensure appropriate and safe working practices applicable to the role. * To promote and assist with Safeguarding. * To carry out CPD and keep up to date with any training and updates relevant to the role. * To ensure the health & safety within the Club for self and others is adhered to at all times. * To carry out all responsibilities with due regard to the Club values and all policies and procedures, in particular Health & Safety, Equality and Diversity and Safeguarding. * To undertake all required training, including mandatory Club Equality and Diversity, Safeguarding and Health and Safety training.   The duties and responsibilities described are not a comprehensive list and additional tasks may be assigned to the employee from time to time; or the scope of the job may change as necessitated by business demands. | | |
| PERSON SPECIFICATION | | |
| Essential Criteria | | **Desirable Criteria** |
| * BSC in sports science or a related discipline * Nutrition qualification e.g. SENr Accredited (or ability to complete accreditation within an agreed time period). * Confidential and diplomatic * Excellent communication skills both written and verbally * Full driving license * Right to Work in the UK | * A postgraduate degree in sports science (or another relevant discipline) * BASES Accreditation * Experience using PMA * Highly organised and methodical approach to workload | |

**Equality and Diversity**

West Bromwich Albion FC is an equal opportunities employer and is committed to provide equality and fairness for all employees and opposes all forms of unlawful and unfair discrimination and positively encourages applications from suitably qualified and eligible candidates regardless of sex, race, disability, age, sexual orientation, gender reassignment, religion or belief, marital status or pregnancy and maternity.

West Bromwich Albion Football Club also welcomes applications from suitably qualified members of the armed forces family.

**Applications will only be accepted when received through our online vacancy platform iRecruit:**

[**https://irecruit.efl.com/vacancies**](https://irecruit.efl.com/vacancies)

**Safer Recruitment**

West Bromwich Albion is committed to safeguarding and promoting the welfare of children, young people and adults at risk, therefore expects all staff and volunteers to share this commitment.

WBA’s Safeguarding, Equality and Whistleblowing policies can be accessed here <https://www.wba.co.uk/club/about-us/club-policies>

It is unlawful for the Club to employ anyone who is involved with regulated activity who is barred from doing so and we will carry out rigorous pre-employment checks and screening.

An Enhanced DBS, References, Qualifications, Proof of Identity and Right Work in the UK checks will be required and carried out prior to commencement in this post.

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| **Signed** | **Name** | **Date** |
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