



Job Description & Person Specification

Position Details

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| Position: Lead Physiotherapist (First Team) | Department: First-Team | Reporting To: First Team Manager / Head of Football Operations / Head of Medical |
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Summary: The successful candidate will play a key role in delivering elite-level physiotherapy provision to the First Team squad, leading on injury prevention, assessment, rehabilitation and return-to-play processes within a multidisciplinary environment.

Job Description

Key Responsibilities

Medical & Physiotherapy Provision

- Lead the assessment, diagnosis, treatment and rehabilitation of First Team players
- Deliver evidence-based physiotherapy and rehabilitation programmes
- Provide pitch-side medical cover for all First Team training sessions and fixtures
- Maintain comprehensive medical records and ensure compliance with CSP, HCPC, FA and EFL standards
- Assist with medical screenings, musculoskeletal profiling and monitoring processes

Rehabilitation & Return to Play

- Design and implement individualised rehabilitation programmes
- Lead return-to-play planning in collaboration with performance and coaching staff
- Monitor injured players throughout rehabilitation to ensure safe and effective progression
- Deliver gym-based and pitch-based rehabilitation sessions
- Implement injury prevention strategies and recovery protocols

Collaboration & Communication

- Work closely with coaching, sports science and medical departments within a multidisciplinary team environment
- Provide regular updates regarding player status, rehabilitation progress and availability
- Build effective relationships with external consultants and healthcare professionals where required
- Support a positive, professional and high-performance culture throughout the Club

Professional Standards

- Maintain up-to-date knowledge of current research and best practice in sports medicine and physiotherapy
- Ensure all safeguarding, health & safety and governance procedures are adhered to
- Contribute to departmental development and continuous improvement initiatives
- Undertake additional duties as reasonably required by senior management

Person Specification

Essential

- BSc (Hons) in Physiotherapy or equivalent qualification
- Current HCPC registration

- Chartered Society of Physiotherapy (CSP) membership
- FA ATMMiF qualification (or willingness to obtain)
- Previous experience working within elite or professional sport
- Strong understanding of musculoskeletal injury management and rehabilitation
- Excellent communication, organisational and interpersonal skills
- Ability to work flexible hours including evenings, weekends and travel

Desirable

- Previous experience within professional football or the EFL
- Postgraduate qualification in Sports Medicine, Rehabilitation or Strength & Conditioning
- Experience using athlete monitoring and performance management systems
- Experience leading or mentoring medical staff or interns
- Advanced rehabilitation and return-to-play programming experience

About the Club

What We Offer

- Opportunity to work within a progressive professional football environment
- Collaborative and ambitious multidisciplinary performance team
- Continued professional development opportunities
- Club staff benefits and matchday access
- The opportunity to contribute to the Club's long-term sporting objectives

Safeguarding & Equality

Newport County A.F.C. is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

The Club is committed to equality, diversity and inclusion and welcomes applications from all suitably qualified candidates regardless of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation.

This Job Description may be changed and/or amended at the discretion of the Club

Deadline for applications is Friday 22nd May. Due to expected high volume of applicants, please assume that your application has been unsuccessful if you have not been contacted within 1 week post-application deadline. Successful applicants will be subject to an enhanced DBS check and must be able to provide contact details for two written references upon request.