



Barnsley Football Club

Job Description

Job title:	First Team Physiotherapist
Reports to:	CEO
Department:	First Team
Location:	Barnsley FC, Oakwell Stadium, Grove Street, Barnsley. S71 1ET
Date:	September 2026
1. Job Purpose	The First Team Physiotherapist will be responsible for the daily delivery of physiotherapy services to First Team players, ensuring the highest standards of injury assessment, treatment, rehabilitation and injury prevention. Working closely with the Lead Rehabilitation Physiotherapist, Club Doctor and Performance Department, the postholder will play a key role in maximising player availability, reducing injury risk and supporting optimal physical performance throughout the season. The successful candidate will provide expert clinical care, oversee the management of acute and chronic injuries, contribute to return-to-play decision-making, and support the implementation of evidence-based medical and performance strategies within a high-performance football environment. This role requires excellent clinical reasoning, strong communication skills, and the ability to work effectively within a multidisciplinary team.
2. Specific Tasks and Responsibilities	Clinical Assessment and Treatment: • Conduct comprehensive physiotherapy assessments, clinical examinations and injury diagnoses for First Team players. • Deliver evidence-based treatment interventions for acute and chronic musculoskeletal injuries. • Provide hands-on physiotherapy, soft tissue therapy, manual therapy and recovery interventions as appropriate. • Support the management of player illness, injury and medical concerns in collaboration with the Club Doctor and wider medical team. Rehabilitation and Return to Play: • Design, implement and progress individual rehabilitation programmes from injury through to return to training and competition. • Deliver gym-based, pitch-based and functional rehabilitation sessions. • Monitor player progress using objective markers, testing data and performance metrics. • Contribute to return-to-play planning and decision-making processes alongside medical and performance staff. • Support the transition of players from rehabilitation into full training and match availability. Matchday and Training Ground Medical Provision: • Provide pitch-side medical cover at all First Team training sessions. • Deliver home and away matchday medical support as required. • Assist with emergency medical response procedures and maintain compliance with football medical standards. • Support training camps, tours and pre-season programmes as required.



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Communication and Collaboration:

- Work closely with coaching, performance and medical staff to ensure effective player management.
- Liaise with specialists, consultants and external healthcare providers where appropriate.
- Support communication and alignment between the First Team and Academy medical departments.
- Contribute to multidisciplinary meetings and player review discussions.

Administration and Governance:

- Maintain accurate, confidential and contemporaneous medical records.
- Ensure compliance with HCPC, CSP, GDPR and relevant football governing body regulations.
- Contribute to injury surveillance, audit processes and departmental reporting.
- Assist in the management and maintenance of medical equipment and supplies.

Professional Development:

- Remain current with developments in sports physiotherapy, sports medicine and elite football practice.
- Participate in internal and external CPD opportunities.
- Support and mentor junior staff, students and placement learners where appropriate.
- This job description is not intended to be exhaustive, and the post holder is also required to undertake any other duties as may reasonably be required, appropriate to the level of the post.

3. Personal Specification

The ideal candidate will:

- Have significant postgraduate experience in musculoskeletal and sports physiotherapy.
- Have experience working within an elite sport or professional football environment.
- Demonstrate excellent clinical reasoning and decision-making skills.
- Be highly organised and capable of managing multiple priorities.
- Possess strong communication and interpersonal skills.
- Be confident working independently and within a multidisciplinary team.
- Build positive and professional relationships with players, coaches and support staff.
- Demonstrate resilience, adaptability and professionalism in a high-performance environment.
- Maintain the highest standards of confidentiality and integrity.
- Be committed to continuous improvement and evidence-based practice.
- Due to the nature of professional football, regular evening, weekend and matchday working will be required, including travel throughout the UK and potential overseas travel.
- Adhere to Club Health & Safety policies and procedures.
- Be committed to safeguarding and promoting the welfare of children and young people.
- Respect confidentiality and comply with GDPR 2018.



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	Behave in a respectful and non-discriminatory manner in line with the Equality Act 2010.
4. Qualifications & Experience	Essential: - Degree in Physiotherapy - HCPC registered physiotherapist - FA Intermediate Trauma Medical Management in Football (ITMMiF) Certificate, or equivalent - Significant clinical experience within elite sport, with professional football experience preferred. - Experience managing complex injuries and return-to-play processes. Desirable: - MSc in Sports Physiotherapy, Sports Medicine or related field. - FA Advanced Trauma Medical Management in Football (ATMMiF) Certificate, or equivalent - Experience within First Team professional football. - Experience line-managing staff within a multidisciplinary performance environment.
5. Additional Requirements	Full UK driving licence

The document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of the changing needs of the organisation.

Safeguarding

Barnsley Football Club is committed to ensuring the welfare and safeguarding of children and young people, and expects all staff and volunteers of the Club share this commitment. We ensure that the Club meets its commitment to safeguarding by undertaking all necessary pre-employment checks.

The postholder will be expected to undertake Safeguarding Training and pre-employment checks as required to be agreed with the DSO & HR Manager. Additionally this role would be subject to a DBS check and satisfactory safeguarding checks.

Equal Opportunities

Barnsley Football Club is committed to ensuring a diverse and inclusive environment in line with the Equality Act 2010 and welcome applicants from across the community.

Right to work in the UK

Barnsley Football Club ensures that applicants are entitled to work in the UK without approvals and have the appropriate documentation to validate this.