



Blackburn Rovers Women Football Club Ltd.

Job Description

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| Job title: | Physio/Sports Therapist |
| Department: | Blackburn Rovers Women Football Club |
| Based at: | Blackburn Rovers Senior Training Centre / Academy |
| Reports to: | Women's First Team Coach |
| Responsible for: | N/A |
| Hours of work: | Casual – as and when required |
| Contractual status: | Permanent |
| 1. Job purpose: | To deliver physiotherapy services to all players involved within the Women's Football Department. To promote and protect the health and wellbeing of all players within the Women's Department and to work within the code of conduct and good practice of the Chartered Society of Physiotherapy. |
| 2. Duties and responsibilities: | <ul style="list-style-type: none"> To be committed to ensuring the safeguarding and welfare of all staff, players, spectators, customers and/or clients of the club; Liaise with the Head of Performance to undertake and oversee the medical provision for Blackburn Rovers women; Work according to Blackburn Rovers Women FC philosophy and values; Assessment and treatment of all injuries necessary to all players; Implementation and document the rehabilitation programmes from initial injury through to return to play; Manage the implementation of Individualised Injury Prevention Programme for squad members; Organisation of medical cover for all training nights and match days alongside medical team; Provide injury reports/updates to the Head Coach and staff as required; Liaise with coaching staff regarding return-to-play, pre-rehabilitation and on-going maintenance programmes for all players and where necessary; Be in attendance at all matches and training sessions; home and away Be responsible for ensuring medical supplies are ordered and that there is access as and when required; Undertake relevant CPD to meet the demands of the role; Attend weekly MDT meetings and contribute to the departmental strategy to ensure best practice and continuous improvements; Liaise daily with sport scientist and coaches to ensure effective communication between departments; Ensure appropriate injury mitigation and player care strategies are adopted, including but not limited to: screening, testing, player and squad interventions, player and coach education and growth-maturation based interventions; and To support a performance culture to maximize player potential and ensure that a common and united message is always delivered to all players. |
| 3. Skills required: | <ul style="list-style-type: none"> A dynamic, confident communicator able to adapt style and approach as and when required; |





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| | <ul style="list-style-type: none"> Ability to engage with coaches and players; Attention to detail and excellent organisational skills are required along with a conscientious approach to all areas of work; Flexible approach to work with a proven commitment to teamwork. An ability to manage time effectively to achieve the expectations of the role. |
| 4. Knowledge required: | <ul style="list-style-type: none"> To have experience of working with female elite players; Knowledge of safeguarding children and/or vulnerable groups; Have a knowledge of player development within the female game |
| 5. Qualifications required: | <ul style="list-style-type: none"> For a Sports Therapist: a graduate sports therapist who is a current member of SOST or BASRAT; or For a Physiotherapist: a registered member of the Health Care Professions Council (HCPC) Both a Sports Therapist and Physiotherapist should have an up-to-date Intermediate Emergency Aid qualification (FA ITMMiF) Adequate indemnity insurance. FA Safeguarding Children Certificate |
| DBS check required: | Yes (enhanced) |

The document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.

How to Apply

Due to high-levels of interest, this post may close early so early application is advised, otherwise the closing date for this role is **5pm on Tuesday 26th May 2026**. To apply, please submit your application through the EFL I-Recruit platform [HERE](#)

CV's will not be accepted.

Equality and Diversity

Blackburn Rovers is committed to the principle of equal opportunity in employment and its employment policies for recruitment, selection, training, development and promotion are designed to ensure that no job applicant or employee receives less favourable treatment on the grounds of race, colour, nationality, religion or belief, sex, sexual orientation, marital status, age, ethnic and national origin, disability or gender reassignment.

Safer Recruitment

Blackburn Rovers is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. The successful applicant will be required to undertake appropriate safeguarding checks as well as providing proof of right to work in the UK.



EMPLOYER RECOGNITION SCHEME

BRONZE AWARD

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